



Indoor Track Post-Season Report 2016-2017

All WNY Sportsmanship Winners:

	<u>Athlete</u>	<u>School</u>
Boys Indoor Track	Chris Nowak	Sweet Home
Girls Indoor Track	Olivia Gervan	Lancaster

***NEW → Coaches Sportsmanship Selections:** Kevin Carriero – Lancaster - Boys
Emilio Mancino – West Seneca West - Girls

Report on changes in Policy or Practice that were implemented: Uniform Rule – No writing on the waistband of spandex shorts or tights.

Recommendations for next season: Keep the same schedule if possible – It was another Awesome this year!!

Recommendations for Houghton College: No Recommendations – This place was clearly an advantage for all of Section VI – Indoor Track & Field (We were definitely on the same placing-field as all other Sections from across the State).

Other pertinent data: One Meet was canceled this year due to the weather but in reality - we made that one up on the 20th of February at Houghton College.

Post-Season Meeting will be Thursday, March 16th – hopefully at either Sweet Home or West Seneca West.

Next year's NYPHSAA/Federation will once again be held at Ocean Breeze on Staten Island. Plans call for leaving on Thursday, March 2nd (This may change to a Friday departure)- 2018 sometime in the afternoon through Saturday, March 4th – 2018 – We will get you the Itinerary soon.

Financial summary (receipts/expenditures):
Report to be submitted by Don Scholla, Treasurer.

Sectional and Post-Sectional Results:

2016-2017 Indoor Track Section VI Qualifier Results

	Boys/school	Time	Girls/School	Time
55M Hurdles	Roshain Wallace - Niagara Falls	7.92	Nisa Raqib - Hutch Tech	8.76
55M Dash	Antonio Antonov – Depew	6.64	Jenna Crean - Orchard Park	7.30
300M Run	Eric Johnson – Sweet Home	35.29	Jenna Crean - Orchard Park	41.10
600M Run	Treston White – Lockport	1:22.62	Emma Seiders - Dunkirk/Silver Creek	1:36.35
1000M Run	Chris Nowak – Sweet Home	2:30.10	Anna Rybczynski - West Seneca West	2:55.86
1600/1500M Run	Cal Puskar – Orchard Park	4:25.97	Riley Jones - Holland	5:00.85
3200/3000M Run	Grey Conover – Clarence	9:45.23	Katrina Patterson - Clarence	10:39.74
Long Jump	Rodney Barnes – Niagara Falls	22' 7 ½"	Samantha Spinella - Depew	19' 2"
Triple Jump	Nathaniel Davis – Sweet Home	44' 7"	Emily Marchitte - West Seneca West	38' 11 ½"
High Jump	Taul Tariq/Niagara Falls	6' 0"	Emilee Hanlon - Dunkirk/SC	5' 5"
Shot Put	Paul Kemsley/Lancaster	56' 1 ¼"	Rachel Donner - Iroquois	40' 4 ¾"
Pole Vault	Anton Kunnas – North Tonawanda	14' 9"	Rachael Ward - Falconer/CV	1' 6"
4x200M Relay	Tariq Taul Roshain Wallace Christian Meranto Rodney Barnes – Niagara Falls	1:31.16	Julia Griffin Faith Hanlon Sara Puskar Jenna Crean – Orchard Park	1:46.84
4x400M Relay	Eric Johnson Chris Nowak Kyle Durwald Nathaniel Davis – Sweet Home	3:29.93	Emilee Hanlon Jericha Petrella Emily Brigma Jaylah Cossin Emma Seiders - Dunkirk/SC	4:04.02
4x800M Relay	Cal Puskar Michael Totaro Tom Flannery William Graves – Orchard Park	8:20.97	Molly Moore Sam Vahue Sarah Cook Amberlee Robertson – Wms. South	9:34.79
1500M Race-walk			Brooke VanSlyke - Sweet Home	7:20.90
Weight Throw	Caleb Nickens – Sweet Home	62 0 ¾"	Brianna McKenzie/Lancaster	56' 10"

State Champions: Boys/School Treston White/Lockport – NYSPHSAA/Federation Champion
 Time/Distance – 600 Meters – 1:21.18
 Auton Kunnas/North Tonawanda – NYSPHSAA/Federation Champion
 Time/Distance – Pole Vault – 15' 6"
 The 4 x 200 Meter Relay Team of Tariq – Roshain Wallce – Christian Meranto and Rodney Wallce from Niagara Falls – NYSPHSAA Champion – 1:29.59

State Medalists: Boys/School – Chris Nowak/Sweet Home – NYSPHSAA/FEDERATION – *Silver Medal*
 Time/Distance – 1000 Meters – 2:27.20

-- Nathaniel David/Sweet Home – NYSPHSAA/FERATION – *Bronze Medal*
 Time/Distance – Triple Jump - 46' 0 ½"

Boys Team – Finished 5th among the NYSPHSAA Sections (11 Sections) – 53 Points
 -- Finished 8th among the NYSPHSAA/Federation Sections (14 Sections) – 49 Pts.
 -- Medaled in 8 Events

- State Medalists:**
- Girls/School - Emily Marchitte/West Seneca West – NYSPHSAA/FEDERATION – *Silver Medal*
Time/Distance – Triple Jump – 37' 11 ½"
 - Brianne McKenzie/Lancaster – NYSPHSAA/FERATION – *Silver & Bronze Medal*
Time/Distance – Weight Throw - 55' 3 ½" and Shot Put – 41' 1 ½"
 - Jenna Crean/Orchard Park – NYSPHSAA – *Silver Medal*
Time/Distance – 300 Meters – 39.98
 - Isabella Lacata/Lancaster – NYSPHSAA – *Bronze Medal*
Time/Distance – 300 Meters – 40.01
- Girls Team – Finished 6^{5h} among the NYSPHSAA Sections (11 Sections) – 59 Points
-- Finished 8^{6h} among the NYSPHSAA/Federation Sections (14 Sections) – 62 Pts.
-- Medaled in 15 Events

Respectfully submitted,
Pete Szymanski, Boys Indoor Track Chairman and Brian Lombardo, Girls Indoor Track Chairman